



## **PRESCRIPTION AND TREATMENT POLICY**

Our office, the American Physical Therapy Association, the American Occupational Therapy Association, the federal government, and state government laws, statutes, regulations, policies and guidelines stipulate you must meet the following conditions for outpatient therapy.

1. New Jersey law allows “Direct Access” by patients to physical and occupational therapy without a doctor’s prescription. Unfortunately many insurers will not pay for therapy services without a physician prescription. It is the patient’s choice on how to proceed with regards to “Direct Access” and their own insurer’s requirements.
2. If your doctor provides a prescription for physical or occupational therapy services, all prescriptions must include frequency & duration of treatment, the diagnosis, a treatment guideline or care plan and the anticipated goals.
3. Your physician prescription cannot be more than two weeks old when you arrive for your first therapy treatment (NJ State Law).
4. Medicare patients must have a valid physician’s prescription. The Medicare patient’s physician can prescribe up to 60 days of therapy services the first time a patient is seen for any given diagnosis. Thereafter Medicare patients are to be examined by their referring physician at physician’s own discretion or at the very least the physician is required to certify the therapist’s care plan every 30 days. There is no Medicare coverage unless these policies are followed.
5. Continued patient treatment assumes there is progress towards established goals within a reasonable amount of time.
6. Patients must be compliant with the physician’s prescription and the therapists established program for treatment to continue.

Your cooperation will be greatly appreciated. If you wish to contact us about any questions regarding our prescription and treatment policy, please call us at 973-575-7576.

Please feel free to share this notice with your doctor.

We look forward to serving you. Thank you.